

OCTOBER | 2022

Foothills/MRIS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3 No School	4 No School	5 No School	6 No School	7 No School
10 No School	11 No School	12 Chicken Filet w/Bun Potatoes, Veggie Lettuce/Tomato Or MRIS only- Hot/Spicy Chicken Sandwich	13 Breakfast for Lunch Sausage, Biscuit, Gravy, Eggs, Tri tater, Juice Or French toast, Sausage, Yogurt	14 Mozzarella Cheese sticks, Marinara Sauce, Green beans Or PB&J Uncrustable
17 Popcorn chicken, Potatoes, Broccoli, Roll Or MRIS- Meatball sub, Chips, Veggies, Pickle	18 Taco Tuesday Beef Tacos, Rice, Corn, Tater tots, fixings Or PB&J Uncrustable	19 Grilled Cheese Green Beans Doritos Or Ham/Cheese Sandwich, Chips, Veggies, Pickle	20 Riblet, Bun, Baked Beans, Corn, Nacho's and cheese Or MRIS- Grilled Chicken, Rice, Veggie blend	21 Pizza Corn, Okra Salad Or Quesadilla Corn
24 Hot dog w/chili, Potatoes, Veggie Or MRIS- Baked potato, Veggie, fixings	25 Hamburger Onion rings, Veggie blend, Lettuce/Tomato, Pickle Or Asian Chicken, Rice, Veggies, Egg roll	26 Chicken Filet w/Bun Potatoes, Veggie Lettuce/Tomato Or - MRIS only- Hot/Spicy Chicken Sandwich	27 Corn dog, Scalloped Potatoes Corn Or Ham/Cheese Wrap, Veggie, Chips	28 Wild Mike's Cheese Bite's, Marinara Sauce, Green Beans Or PB&J Uncrustable
31 Popcorn chicken, Mac & Cheese, Broccoli, Roll Or Fish, Broccoli, Hushpuppy	1	2	3	4

News

Come eat breakfast
with us!

Monday-Chicken
biscuit or Cereal

Tuesday- Pop tart or
Cereal

Weds.- Sausage,
Biscuit, Gravy or
Cereal

Thurs.- Mini muffins or
Cereal

Friday-Sausage,
French toast or Cereal

*Menu is subject to
change without notice

"This institution is an
equal opportunity
provider"