

SEPTEMBER | 2022

Foothills/MRIS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Mini Corn Dogs Potatoes Corn Or MRIS only-Roast Beef Sandwich Veggie Chips	2 Pizza Corn Salad Or Quesadilla Corn Veggie
5 No School	6 Popcorn chicken, Potatoes, Broccoli, Roll Or MRIS- Meatball sub, Chips, Veggies, Pickle	7 Hamburger Onion rings, Veggie blend, Lettuce/Tomato, Pickle Or Asian Chicken, Rice, Veggies, Egg roll	8 Steak/Gravy, Mashed potatoes, Peas, Roll Or MRIS only- Meal break Jack Link meat snack, Cheezit, Raisins, Sunflower kernel's, Chips, Juice	9 Wild Mike's Cheese Bite's, Marinara Sauce, Green Beans Or PB&J Uncrustable
12 Hot dog w/chili, Potatoes, Veggie Or MRIS- Baked potato, Veggie, fixins	13 Taco Tuesday Beef Tacos, Rice, Corn, Tater tots, fixings Or PB&J Uncrustable	14 Chicken Filet w/Bun Potatoes, Veggie Lettuce/Tomato Or - MRIS only- Hot/Spicy Chicken Sandwich	15 Breakfast for Lunch Sausage, Biscuit, Gravy, Eggs, Tri Tater, Juice Or French toast, Sausage, Yogurt	16 Mozzarella Cheese Sticks, Marinara Sauce, Green beans, Salad Or PB&J Uncrustable
19 Popcorn chicken, Potatoes, Broccoli, Roll Or Fish, Broccoli, Hushpuppy	20 Fajitas Fajita chicken, Rice, Corn, fixings Or PB&J Uncrustable	21 Grilled Cheese Green Beans Doritos Or Ham/Cheese Sandwich, Chips, Veggies, Pickle	22 BBQ, Bun, Baked Beans, Corn, Hushpuppies Corn Or MRIS- Grilled Chicken, Rice, Veggie blend	23 Wild Mike's Cheese Bite's, Marinara Sauce, Green Beans Or PB&J Uncrustable
26 Hot dog w/chili, Veggie, Potatoes Or MRIS- Grilled Chicken, Rice, Veggie blend	27 Corn dog, Scalloped Potatoes Corn Or Ham/Cheese Wrap, Veggie, Chips	28 Chicken Filet w/Bun Potatoes, Veggie Lettuce/Tomato Or - MRIS only- Hot/Spicy Chicken Sandwich	29 Spaghetti Toast Green Beans Or PB&J Uncrustable	30 Pizza Corn, Okra Salad Or Quesadilla Corn Veggie

News

Come eat breakfast
with us!

Monday-Chicken
biscuit or Cereal

Tuesday- Pop tart or
Cereal

Weds.- Sausage,
Biscuit, Gravy or
Cereal

Thurs.- Mini muffins or
Cereal

Friday-Sausage,
French toast or Cereal

*Menu is subject to
change without notice

"This institution is an
equal opportunity
provider"